

# CANADA'S MAPLE LEAF TRAIL

Montreal, Quebec City, Ottawa, Toronto & Niagara Falls



*This fascinating tour will take you on a delightful journey experiencing the diversity and contrast of four unique cities, from beautiful Montreal and charming Quebec, to historic Ottawa and cosmopolitan Toronto. Marvel at the enchanting Niagara Falls, take in the magnificent scenery onboard a '1000 island cruise' in Rockport and enjoy a traditional Quebecois Feast at a 'Sugar Shack'. Our fabulous tour will ensure you see the very best of stunning Eastern Canada.*

This document aims to give you all the information that you require for a smooth and comfortable trip to Canada.

Please take the time to read this dossier to familiarise yourself with all the aspects of our tour. It includes important information such as flight details, visa requirements and travel insurance.

#### Your included meal guide:

B = Breakfast, L = Lunch, D = Dinner

#### DAY 1: UK to Montreal

Depart London on your scheduled flight to Montreal. On arrival, you will be met and transferred to your hotel.

#### DAY 2: Montreal B

A morning tour unveils the city's delightful warren of cobblestone alleys, packed with Victorian stone houses, small boutiques and trendy eateries. Visit the famous landmark of Notre Dame, and then on to Place Jacques Cartier filled with street musicians.

#### DAY 3: Montreal to Quebec City B

Depart this morning for Fort Chambly National Historic site. The fort once protected New France from British attacks and stands as an invaluable witness to the French presence in North America. After a leisurely lunch, follow the Maple Leaf trail through the picturesque landscapes, villages and vineyards of the Eastern Townships before arriving in Quebec City.

#### DAY 4: Quebec City B

This morning enjoy a guided tour of Quebec City, the crown jewel of French Canada.

Explore UNESCO -listed Vieux Quebec, with its cobbled streets, ancient city walls and colourful Victorian facades. Your tour will also include the colonial citadel and the majestic Chateau Frontenac, as well as the imposing 19<sup>th</sup> Century parliament buildings. Rest of day at leisure.

#### DAY 5: Quebec City to Ottawa B/L

Following breakfast, you will stop en route at the delightful 'Sugar Shack'. Here, in the heart of the beautiful Mauricie region, you will enjoy a sumptuous true Quebecois feast, live music and a guided tour explaining how maple syrup used to be produced. Continue to Ottawa with the rest of the day at leisure.

#### DAY 6: Ottawa B

Embark on a half-day sightseeing tour of Canada's capital. Visit the National Art Gallery and Sparks Street, a pedestrianised shopping area before continuing to the ByWard Market, a trendy area home to many bars and restaurants. Next stop is Rideau Hall, the official residence of the Canadian Monarch and the Governor General. Visit the impressive Rideau Canal, which runs throughout the city and becomes the world's longest skate rink in winter.

#### DAY 7: Ottawa to Toronto B/L

Today leave Ottawa to travel into Toronto. En route, stop in Rockport for a picturesque

"1000 Island Cruise" on the St Lawrence River. Lunch will be at a local restaurant before arriving in Toronto.

#### DAY 8: Toronto B

The tour leaves Toronto for what is undoubtedly one of the highlights of the trip: Niagara Falls. We've organised a boat trip here to experience the breathtaking flow of water, power and mist of this natural wonder. Journey back to Toronto stopping at the quaint little town of Niagara-on-the-lake followed by a wine-tasting experience at the stunning Konzelmann Winery.

#### DAY 9: Toronto to the UK or Extension B

Before your flight back to the UK, explore Toronto on a guided tour. Visit the Parliament building and University, wander around the indoor food stalls at St Lawrence Market, visit the iconic CN tower, and finish with some shopping along Yonge Street. Then transfer to the airport for your flight back to the UK, or continue on to your chosen extension.

### Your hotels

**Montreal (2 nights):** 4★ Hotel Le Cantlie Suites Hotel - 1110 Rue Sherbrooke Ouest, Montréal, Québec H3A 1G9. Contact number: (001) (514) 842-2000

**Quebec City (2 nights):** 4★ Hotel Royal William - 360 Boulevard Charest Est, Québec, G1K 3H4. Contact number: (001) (418) 521-4488

**Ottawa (2 nights):** 4★ Best Western Plus Victoria Park Suites - 377 O'Connor Street, Ottawa, ON K2P 2M2. Contact number: (001) (613) 567-7275

**Toronto (2 nights):** 3★ Holiday Inn Toronto Downtown Centre - 30 Carlton St, Toronto, ON M5B 2E9. Contact number: (001) (416) 977-6655

All accommodation is 3★ and 4★ and features an en suite bathroom, air-conditioning/heating, TV and coffee making facilities. Mercury Holidays has visited and inspected all of the hotels to ensure that they meet the high standards of service which we require for our clients. If the hotels detailed are not available, alternatives will be used of a similar standard. Final confirmation of your hotels will be sent in a document approximately two weeks before you travel.

### Meals

Breakfast is always western style and served in the hotel each morning.

Lunch where stated will be taken in local Canadian Restaurants.

### On your arrival

On your arrival in Montreal you will be met by a representative from our local agent, holding a sign displaying: "Mercury Holidays". The Mercury Holidays/Canadian representative will show you to your transfer vehicle. Your national guide will be on hand 24 hours a day should you have any queries. However, if you need to contact your representative during your stay the details are:

### Canadian Tours International

238 Bering Avenue  
Toronto  
Ontario  
M8Z 3A3  
Canada  
Contact number: (001) 416-827-8088

### Emergency contact information

Please find below the emergency contact details for Canadian Tours International  
Telephone number  
(001) 416-827-8088

### Visas

British Citizens will need an eTA to visit Canada. Applying for an eTA is a simple online process that takes just a few minutes. You will need your passport, a credit card, and an email address. It costs \$7 CAD to get an eTA and it will be valid for up to five years. You must also make sure that you carry the correct travel documents and identification. Please visit [www.cic.gc.ca](http://www.cic.gc.ca). Further advice should be sought from the applicable tourist authority for other nationalities and for general queries. We strongly advise you check your destinations' Tourist Board or Embassy for the most up-to-date guidelines regarding passport validity.

### Insurance

You must obtain suitable travel insurance prior to departure. Mercury Holidays is partnered with Holiday Extras which offer insurance at the following prices:

| Age in years        | Up to 64 | 65-74 | 75-85 |
|---------------------|----------|-------|-------|
| Up to 17 days cover | £42      | £79   | £135  |

Prices are for worldwide insurance, excluding the USA. For all persons 86 years and over, please contact us for insurance prices. If you have an existing policy with another company, please ensure you provide us with the name of your insurer, policy number and their 24 hour emergency contact number as soon as possible. Mercury Holidays will not be liable for any costs incurred by you due to your failure to take out suitable travel insurance from the date of booking.

### Tour Guides

This is a fully escorted tour. A tour leader will be with you starting in Montreal on Day 2 ending back in Toronto on Day 10, with the exception of Quebec city & Montreal where there will be local only. Transfers will be provided by a local English speaking guide. You will also be joined by a local guide in each of the cities which you visit, ensuring that you have first-hand knowledge at all times.

### Tipping

It is customary to tip your tour escort who will be with you throughout your journey approximately £1.60 (CA\$3.00) per person per day, and for your driver £1.10 (CA\$2.00) per person per day. This will be collected on the last day of your tour. We also recommend for you to tip your local guide in Montreal and Quebec approximately £1.60 (CA\$3.00) per person per day, this can be given at the end of your sightseeing tour. It is not mandatory but it is courteous to tip in the local currency.

### Health and Vaccinations

It is strongly recommended that you check the latest health recommendations for travel to Canada with your GP at least 4-6 weeks before travel. Alternatively up to date information can be obtained by telephoning the MASTA Travel health line on 09068 224100. Any medicines you may need during your journey should be packed in your hand luggage. We suggest it is worth taking a few first aid supplies such as travel pills, rehydration powder, plasters, stomach settlers, antiseptic cream, aspirin etc. Because these products can be more expensive abroad and familiar brands are not always available.

### Physical Accessibility

This tour is accessible to most people with an average level of fitness and normal mobility. It involves full days of sightseeing, often on foot, and includes some climbing of stairs and getting on and off coaches and boats. **This tour is not suitable for anyone with walking difficulties.**

### Group Size

The minimum number of travellers in your group will be 10, and the maximum will be 35. In the unlikely event there are less than 10 people booked on your tour date then you may be asked to change to a different



date. A full refund will be made available to you should this alternative not be suitable.

### Currency Exchange

The currency in Canada is the Canadian Dollar. We recommend that you exchange your currency before you leave the UK. Cash machines are available in all the major cities to withdraw money in the local currency.

### Personal Expenses

You will need to take some extra money with you to cover any lunches and dinners where these are not mentioned on your itinerary and personal purchases, such as souvenirs, laundry and extra drinks and snacks. Approximately £200-£400 per person will be sufficient for the duration of the tour.

### Itinerary Changes

The order of events and sightseeing may vary according to local conditions or for operational purposes. For this reason, we have indicated approximate times only. Your local guide will inform you of any schedule changes as they are informed of them. Some road construction and/or weather conditions may lengthen the driving times. Our intention is to adhere to the day-to-day itinerary as printed; however order of events and sightseeing may vary according to local conditions.

### What to Pack

- Sunscreen, insect repellent and hat
- Waterproof lightweight jacket
- Comfortable walking shoes
- Camera and charger
- A plug adaptor - the electricity supply is 110 volts and 2 different plug sockets are used so it is best to take a multi adaptor

### Flight and Airport Information

Your flight is to **Montreal** with **Air Transat (TS)**, departing from **London Gatwick South Terminal**.

| Route              | Depart | Arrive | Flight Duration    | Flight Number |
|--------------------|--------|--------|--------------------|---------------|
| Gatwick - Montreal | 11:30  | 13:55  | 7 hours 30 minutes | TS729         |
| Toronto - Gatwick  | 22:05  | 10:05  | 7 hours            | TS422         |

**IMPORTANT: Please note that all flight times/numbers are given for guidance and are subject to change. Final flight details will be confirmed on your e-ticket and final documentation which will be sent to you approximately 10 days before departure.**

### Baggage Allowance

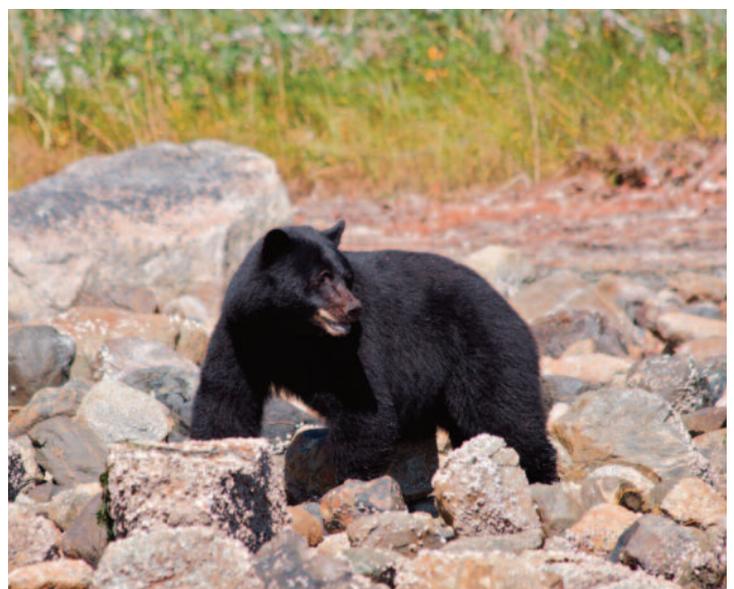
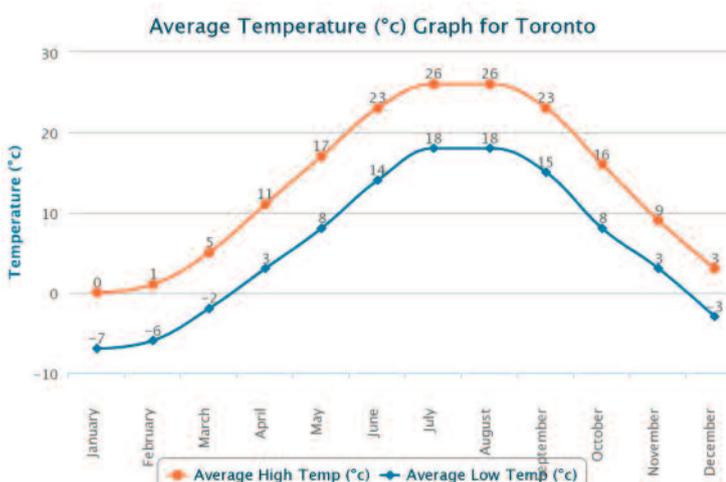
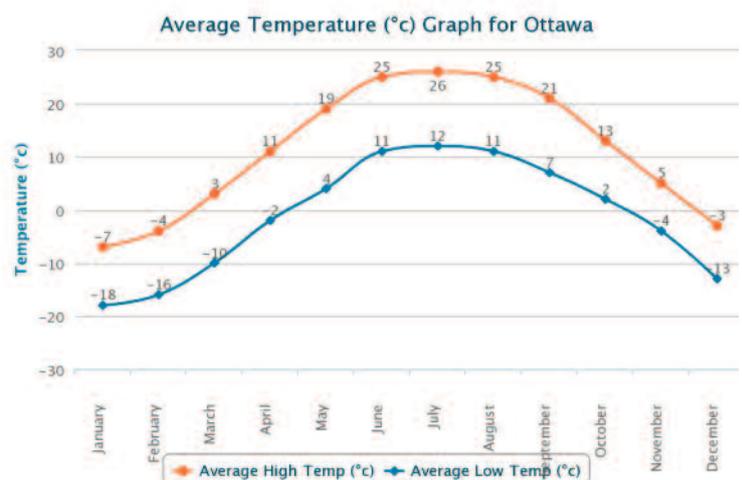
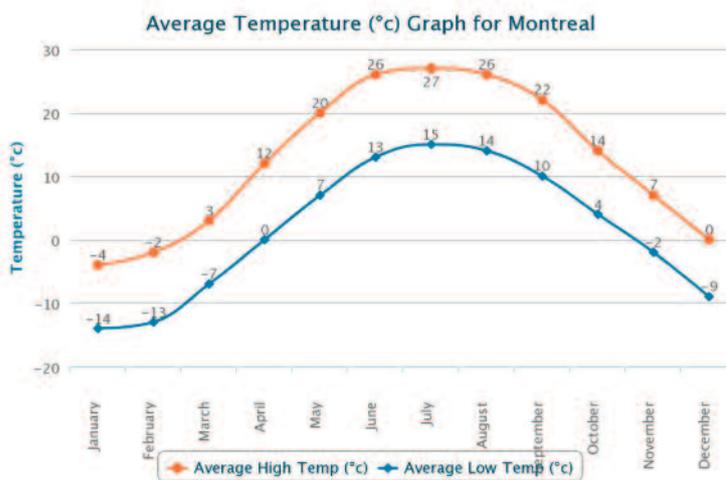
Baggage allowance (per person): Each passenger is entitled to 23KG of hold luggage plus 1 item of hand luggage not exceeding (max 10kg - 51x40x23cm) in size and 1 personal item such as a handbag, camera bag or laptop. Weight restrictions will be finalized on E-ticket receipt. Should you wish to take additional luggage you will need to pay extra at check-in. Check-in should be at least 3 hours before departure.

### Airport Extras

If you wish to arrange Airport car parking or accommodation at preferential rates, we recommend you book this in advance with Holiday Extras - Tel. 0871 360 2000, quoting HX313.

### Weather and Climate

Weather can vary quite considerably throughout the year, so please familiarise yourself with the climate charts below.



# CANADA'S MAPLE LEAF TRAIL

## Toronto Extension



*Spend two extra nights in this diverse city. Choose to explore Toronto's many museums and art galleries, with the option in the evening to sample some of the world's finest restaurants and bars.*

This document aims to give you all the information which you will require during your extension to Toronto.

### Toronto (3 days/2 nights)

Toronto is Canada's largest city, the fourth largest in North America, and home to a diverse population of about 2.8 million people. It's a global centre for business, finance, arts and culture & is consistently ranked one of the world's most liveable cities

### Hotel Information

Your stay will take place at one of the below hotels:

**3★ Holiday Inn Toronto Downtown Centre** on Bed & Breakfast. Hotel information: 30 Carlton St, Toronto, ON M5B 2E9. Contact number: (001) 416 977-6655

**4★ Eaton Chelsea Hotel** on Bed & Breakfast.

Hotel information: 33 Gerrard Street West, Toronto, ON M5G 1Z4, Canada. Contact number: (001) 416-595-1975.

**5★ Trump Hotel** on Bed & Breakfast. Hotel information: 325 Bay St, Toronto, ON M5H 4G3, Canada. Contact number: (001) 416-306-5800.

Any alternative hotels or board basis will have been confirmed at booking. Please speak to our reservations department if you are unsure. Final confirmation of your hotel will be sent in a document approximately two weeks before you travel.

### Personal Expenses

You will need to take money with you to cover any lunches and dinners, as well as personal purchases, such as souvenirs, laundry and drinks.

### Tour Guides

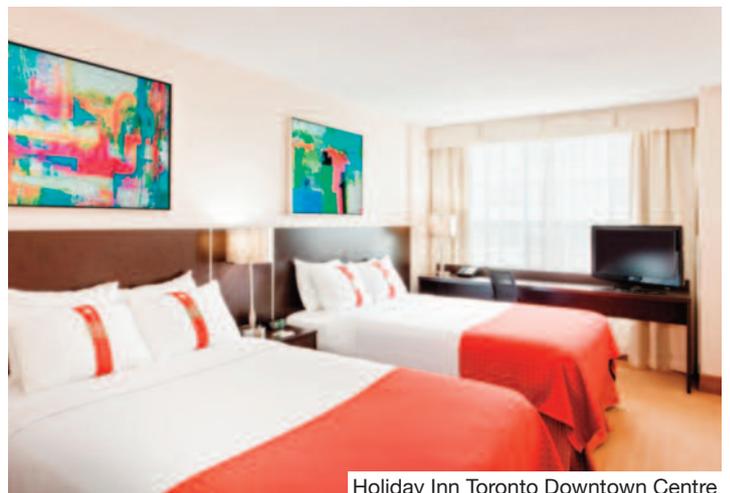
Your stay in Toronto is not escorted by a tour guide and your time will be free to explore the city at your own pace. Transfers are included.

### Please note

This extension takes place after your main tour.

### Weather and Climate

Average Temperature (°C) Graph for Toronto



Holiday Inn Toronto Downtown Centre

For any further enquiries or for more information call us on 0843 224 0723