

# NORWAY'S ARCTIC CIRCLE



## TRIP OVERVIEW

Take a unique journey to witness the stunning Northern Lights from Norway's renowned Aurora Camp. Witness a heavenly ballet of light dancing across the night sky and delight in gliding through stunning mountains and fjords on your Alaskan huskies and reindeer sledding adventures. Wander through historic Tromsø, enjoy authentic arctic meals around a warming campfire and exchange stories with the local Sami people.

## ITINERARY & DETAILS

This document aims to give you all the information that you require for a smooth and comfortable trip to Norway. Please take the time to read this dossier to familiarise yourself with all the aspects of our tour. It includes important information such as airline and hotel details and visa requirements.

### Your included meal guide:

B=Breakfast, L=Lunch, D=Dinner

### DAY 1: UK to Tromsø

Arrive in Langnes where you will be met and transferred to your hotel in Tromsø.

### DAY 2: Tromsø B/L

Following breakfast, it is time to change into your arctic gear for a fabulous day of adventure. Dogsledding with Alaskan huskies is an unforgettable once in a lifetime experience. Glide through stunning picture postcard mountainous scenery towards the Balsfjord and Malangen peninsula to reach your destination of Kvaløya. Spend time with the huskies and their puppies before enjoying a delicious traditional lunch of 'Bidos' around a warming campfire. This afternoon enjoy a city walk of this historical city. Whilst the distinctive Arctic cathedral dominates the skyline, meander through centuries-old charming wooden houses, learn about arctic hunting at the renowned Polar museum and visit Tromsø's oldest pub to sample Mack beer from the world's northernmost brewery. The rest of the day is at leisure.

### DAY 3: Tromsø B

After the excitement of yesterday's adventure today is at leisure to relax and unwind. For the more active of you an optional excursion will be available, depending on the month of your visit this will either be whale watching or a day cruise, both will offer magnificent scenery and a contrasting view of this stunning island from the sea. In the evening, you will drive to the Aurora Camp for the

highlight of this tour, the wondrous Northern lights. Surrounding a campfire with the huskie puppies, admire the astonishing array of colours from the Aurora as they light up the sky. Sometimes referred to as the polar lights, this beautiful natural light display is caused by collisions between electrically charged particles released from the sun that enter the earth's atmosphere and collide with gases such as oxygen and nitrogen. The beauty of the lights will quite literally take your breath away.

### DAY 4: Tromsø B/L

After breakfast, you will change back into your arctic wear for your reindeer sledding experience. Delve into the world of the nomadic Arctic Tundra enjoying this authentic experience as the reindeer's gallop through the beautiful mountains and fjords. After your sledding, listen to stories from the Sami people and authentic reindeer herders before enjoying a traditional meal in a Lavvo (Sami tent), a perfect ending to a unique day.

### DAY 5: Tromsø to the UK or extension B

Following breakfast, you will be transferred to the airport for your return flight to the UK, or remain in Tromsø for your city stay extension.

*Please note: the Aurora Borealis is a meteorological phenomenon and therefore viewing cannot be guaranteed. The husky and reindeer sledding excursions are weather dependent; if conditions are not suitable, another excursion will be provided and details will be given on your arrival into your resort.*

## ACCOMMODATION DETAILS & MAP

### Hotel information

**Tromsø (4 nights): 3★ Thon Hotel Tromsø**

Groennegata 50, Tromsø 9008, Norway

Contact number: 0047 77 69 80 50

Located just around the corner from Storgata, Tromsø's main shopping street, this centrally located and modern hotel offers bright and stylish well-appointed rooms all with TV, minibar and FREE Wi-Fi.

### Accommodation

Mercury Holidays has visited and inspected the hotel to ensure that they meet the high standards of service which we require for our clients.

If the hotel detailed is not available alternatives will be used of a similar standard. Check-in will be available from 3pm on arrival day.

**Please note: the hotels listed are provided for guidance only and final confirmation of your accommodation will be sent in a document, along with your final flight information, approximately 10 days before you travel.**

### Meals

Breakfast is always western style and served in the hotel each morning.



## FLIGHT INFORMATION

Your initial flight is to Tromsø with Norwegian Air (DY), departing from London Gatwick, South Terminal.

**IMPORTANT: Please note that final flight details will be confirmed on your e-ticket and final documentation which will be sent to you approximately 10 days before departure.**

### Airport Extras

If you wish to arrange Airport car parking, lounges or accommodation at preferential rates, we recommend you book this in advance with Holiday Extra Tel. 0871 360 2000, quoting HX313.

## ON YOUR ARRIVAL

On your arrival into Tromsø you will be met by a representative from our local agent, holding a sign displaying: "Mercury Holidays". The Mercury Holidays/Borealis Destination Management representative will show you to your transfer vehicle. Your guide will be able to answer any queries you may have, however if you need to contact your representative during your stay the details are:

## WHAT YOU NEED FOR YOUR TOUR

### Visas

EU nationals do not require a visa for Norway. Further advice should be sought from the applicable tourist authority for other nationalities and for general queries. We strongly advise you check your destinations' Tourist Board or Embassy for the most up-to-date guidelines regarding passport validity.

### Insurance

We strongly recommend that you and all members of your party are suitably insured as soon as you book your holiday. It is a condition of booking that you must have suitable travel insurance. It is important that you purchase travel insurance that suitably covers your participation in whatever activities you may undertake at the time that you make your booking. To assist you with this, we have arranged travel insurance in partnership with Holiday Extras. To arrange your travel insurance with Holiday Extras, please call **0800 781 4237** and quote **'WK830'** for preferential rates. Please ensure you provide us with the name of your insurer, policy number and their 24 hour emergency contact number as soon as possible. Mercury Holidays will not be liable for any costs incurred by you due to your failure to take out suitable travel insurance from the date of booking.

### Tour Guides

This is an escorted tour, meaning that you will have the services of an English speaking guide during each excursion ensuring that you have first-hand knowledge at all times.

### Tipping

Tipping is at your discretion, however we would recommend approximately £2-£3 per day. Tips are accepted in the local currency, however it is asked that if you do not tip in the local currency that you only pay with notes, as coins cannot be exchanged.

### Health and Vaccinations

It is your responsibility to check any health and vaccination requirements applicable to your booked arrangements. We can only provide general information about this. Health and hygiene facilities and disease risks vary from country to country. You should take health advice about your own needs as early as possible and in good time before your departure. Sources of information include; [www.fco.gov.uk](http://www.fco.gov.uk), [www.travelhealthpro.org.uk](http://www.travelhealthpro.org.uk), [www.hpa.org.uk](http://www.hpa.org.uk), your General Practitioner or a specialist clinic.

## WHAT TO PACK

- Sunglasses, sunscreen and hat in summer
- Comfortable walking shoes
- Warm clothing and thermals in winter
- Camera and charger/spare batteries
- Anti-bacterial hand gel
- Long sleeve shirt and long trousers
- Swimwear
- Personal toiletries and first aid kit containing travel pills, rehydration powder, plasters, stomach settlers, antiseptic creams, aspirin etc
- Travel plug adapter – the electricity supply is 230V. The power sockets are of type F and C. You will need an adapter.

### Baggage Allowance

Each passenger is entitled to 20KG of hold luggage plus 1 item of hand luggage not exceeding (max 10kg - 55x40x23cm) in size and 1 personal item such as a handbag, briefcase or laptop case. Weight restrictions will be finalized on E-ticket receipt. Should you wish to take additional luggage you will need to pay extra at check-in. Check-in should be at least 3 hours before departure.

### Via Hansa Borealis

Frederiksberg Allé 3, 1790 Copenhagen V, open weekdays 09.00-16.00

**Telephone Number:** 0045 70 220 286

**E-mail:** [info@bdm-info.com](mailto:info@bdm-info.com)

### Emergency contact information

Please find below the emergency contact details for **Via Hansa Borealis:**

Telephone: 0045 28 86 08 70

### Physical Accessibility

This tour is accessible to most people with an average level of fitness and normal mobility. It involves moderate days of walking on uneven paths and small hills, and getting on and off coaches. This tour is not suitable for anyone with walking difficulties.

### Group Size

The minimum number of travellers in your group will be 10, and the maximum will be 35. If in the unlikely event there are less than 10 people booked on your tour date, we will endeavour to reduce any disruption to your holiday and try to operate your tour with lower passenger numbers. If we are not able to operate your departure date then you may be asked to change to a different date and a full refund will be made available to you should this alternative not be suitable.

### Currency Exchange

The currency in Norway is the Norwegian Krone (NOK). We recommend that you exchange your currency before you leave the UK.

### Itinerary Changes

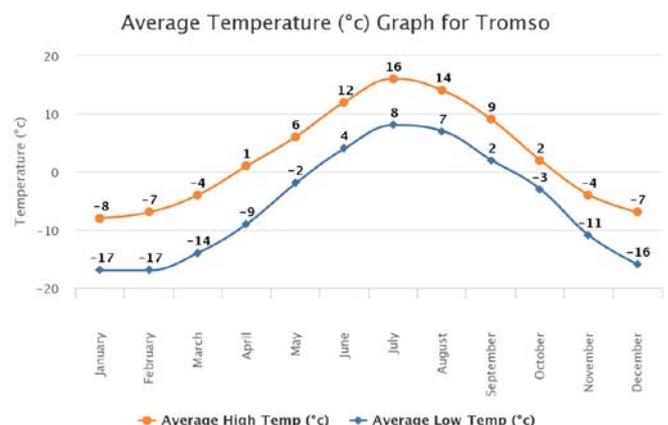
The order of events and sightseeing may vary according to local conditions or for operational purposes. For this reason, we have indicated approximate times only. Your local guide will inform you of any schedule changes as they are informed of them. Some road construction and/or weather conditions may lengthen the driving times. Our intention is to adhere to the day-to-day itinerary as printed; however order of events and sightseeing may vary according to the local conditions.

### Personal Expenses

You will need to take some extra money with you to cover any meals where these are not mentioned on your itinerary and personal purchases, such as souvenirs, drinks and snacks. Approximately £350-£450 per person should be sufficient for the duration of your tour. Please also bear in mind that there will be several shopping opportunities throughout your tour.

### Credit Card Information

As normal practice you may be asked for your credit card details on check-in at the hotel in order to cover any extras incurred during your stay. If you do not have a credit card you may be asked for a cash deposit. American Express, Diners Club, MasterCard and Visa are widely accepted in hotels.



# TROMSØ CITY STAY EXTENSION

*If you have not yet booked this fabulous extension, there is still time to do so, please contact 0843 224 0723*



## TRIP OVERVIEW

Stay in Tromsø for your 3 night extension and discover at your own pace what the city has to offer or simply relax in your hotel. Tromsø is a major cultural hub above the Arctic Circle, famed as a viewing point for colourful Northern Lights. The city's historic centre is distinguished by its centuries-old wooden houses and 1965 Arctic Cathedral, with its distinctive peaked roof and soaring stained-glass windows, which dominates the skyline.

## ITINERARY & DETAILS

This document aims to give you all the information which you will require during your extension in Tromsø.

### Hotel

Your stay will take place at the 3★ Thon Hotel Tromsø on Bed & Breakfast.

### Hotel information

Located just around the corner from Storgata, Tromsø's main shopping street, this centrally located and modern hotel offers bright and stylish well-appointed rooms all with TV, minibar and FREE Wi-Fi. A range of attractions are close by including the Polar museum and the Hurtigruten Ferry Terminal.

**Hotel Information:** Groennegata 50, Tromsø 9008, Norway  
Contact number: 0047 77 69 80 50

Any alternative hotels or board basis will have been confirmed at booking. Please speak to our reservations department if you are unsure.

### Personal Expenses

You will need to take some extra money with you to cover any lunches or dinners where these are not mentioned on your itinerary and personal purchases, such as souvenirs, extra drinks and snacks.

### Please note

This extension takes place after your main tour.



For any further enquiries or for more information call us on 0843 224 0723